

## **Self Preservation: Which Way for Africans?**

Self-preservation is a behavior that ensures the survival of an organism.<sup>[1]</sup> It is almost universal among living organisms. Pain and fear are parts of this mechanism. Pain motivates the individual to withdraw from damaging situations, to protect a damaged body part while it heals, and to avoid similar experiences in the future.<sup>[2]</sup>

Africa is yet to express this natural instinct in her economic relations with Europe and the other continents of the world. It is much easier for Africa to cast the shadows of her failures to accidents in history but this defeatist mentality would take her nowhere. Even in Africa, where one would think there is comparative advantage for the Africans, they are still at the fringes.

Otherwise, how would one explain Africa's gullibility to the EPAs and policies of the global bodies while other continents act otherwise? Why would African countries be undermining each other in favor of the EU and other nations of the world? How would Africa prefer expatriates to her own professionals even when they made headlines in their various fields in Europe and America? Why would Africans go to war for others, when the same 'others' will never go to war for them? And why are Africans basically a front for others, settling for peanuts always?

It is very disappointing and disheartening when it comes to matters where Africans should stand up and out, and make profound statement demonstrating self-centered stance on issues, they play second fiddle and yield to others out of timidity and shyness. Self-preservation is the first undisputed order of business and survival. Anyone not disposed to that is naïve and will always remain a doormat. It is high time Africa takes her future into her hands and stop the blame games that have kept her in Limbo for centuries.

Source: [The African Executive](#)